

# You can feel God when you walk in.

Hope Bremer had always lived a full life, but a jolting period of sadness led her to a conversation with a therapist who recommended Bethesda.

Hope had heard about Bethesda, but never truly understood the impact it could have on her life.

**Because of you, Hope's story changed once she found Bethesda.**

"Bethesda is one of the biggest blessings I could have ever hoped for," Hope later said. She could hardly believe it herself, but with your help, the moment she walked into Bethesda, her world began to shift in ways she couldn't have anticipated.

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# A Note From John

Dear Friends,

Thanks to your continued support, the clinic has started 2025 on a strong note, with our patient numbers steadily growing. Our pediatric clinic, led by Danny Price, is expanding as well, now with two full-time pediatric mental health counselors, alongside invaluable volunteers such as Dr. Rick Rogers.

The ongoing influx of new patient applications is a testament to the ever-present need for affordable healthcare in our community. Every day, we can reach more families who are in urgent need of Bethesda's care—and they are deeply grateful for the services we provide, **all thanks to you.**

One such patient is Hope Bremer, who came to us seeking help with long-standing health issues. After years of struggling with undiagnosed symptoms, Hope found not only the support she needed for her ADHD, but through our comprehensive care, she was also diagnosed with lupus—a condition that had gone unnoticed by previous providers. With your help, she is now receiving the treatment that has transformed her life. **Her story is a powerful reminder of the difference we can make when we come together as a community to provide compassionate care.**



Dr. John English, CEO

Within these pages, you'll also read about an inspiring pediatric family, upcoming events and dedicated volunteers.

We are profoundly thankful for your gifts, your prayers, and for your unwavering belief in the mission of Bethesda.

Our community is stronger and better because of you.

With gratitude,

A handwritten signature in orange ink that reads "John P. English". The signature is fluid and cursive, written in a professional but personal style.

Dr. John English



Hope arrived at Bethesda with a mixture of uncertainty and cautious optimism. Her previous doctor had retired, and she had struggled to find another professional willing to help with her ADHD treatment. The stigma around ADHD medications was a heavy burden; too many doctors had either dismissed her concerns, or treated her like an addict, assuming her struggles were merely a desire for medication. ***But at Bethesda, things felt different.***

As soon as she walked in, the receptionist greeted her by name, offering a warmth she hadn't experienced in a medical office in years. It was a small thing, but it made all the difference.

At Bethesda, Hope felt seen, heard, and respected—something that had been sorely lacking in her previous experiences. Within 15 minutes of walking through the door, she was accepted as a patient and had her first appointment scheduled. It was almost a miracle.

Hope shared that the doctors at Bethesda didn't just treat her symptoms—they took the time to truly listen.

"Through Bethesda, I found out I had lupus," Hope said, her voice filled with gratitude. "It has been life-changing, and it's something I would have never been able to find out on my own."

It was an incredible revelation. Hope had spent months—or maybe years—living with symptoms she didn't understand, and now, not only was she receiving treatment for ADHD, but she had answers about her physical health as well.

The doctors at Bethesda had taken the time to run tests, ask questions, and listen to her concerns, all of which led to a diagnosis that would change her life.

Because of your support, Hope benefited from a holistic approach that included not only medical care but emotional and mental well-being.

"Now I'm flourishing at my job," Hope said, her voice full of pride. "It's like night and day. Before, I couldn't get out of bed, and now, I'm thriving. My life is back in order."

She added, "It's the most incredible blessing." Something had shifted deep within her, and she knew without a doubt that Bethesda was the catalyst. The treatment had stabilized her life in a way she never thought possible.

"You can feel God when you walk in," Hope remarked.

***They treat you like the most important person in the room.***

She couldn't help but marvel at the personal touch that Bethesda embodied. "I truly thank God every day," Hope said.

After nearly a year as a patient, Hope felt like a new person. She had found the care she had been searching for and is working to put the pieces of her life back together.

"Without Bethesda, I don't know where I'd be," Hope said candidly. "I would probably have quit my job, and I might still be struggling without knowing what was really going on with me. I love being outside, I love the sun, but now I know what I can and can't do. It has saved my life."



## VOLUNTEER

# SPOTLIGHT

Meet

# Tyler Kohls

Tyler's dream of becoming a surgeon was sparked at an early age, influenced by his father, who gifted him a copy of *Gifted Hands* by Dr. Ben Carson. The book, which chronicles Dr. Carson's rise from a difficult childhood to becoming a world-renowned neurosurgeon, deeply impacted Tyler, inspiring him to pursue a path that would allow him to serve others through medicine.

**His passion for medicine, and goal of attending medical school soon, brought him to Bethesda Pediatrics, where he serves as a volunteer medical assistant.**

A graduate from the University of Texas at Tyler, Tyler has spent his Thursday mornings helping to provide quality care to our patients. His role as a medical volunteer involves a wide range of duties, including bringing in patients from the waiting room, taking vital signs, gathering patient history, assisting with triage, setting up exam rooms, and lending a hand to other medical assistants whenever needed.

Tyler hopes to specialize in surgery, with an interest in pediatric orthopedic surgery. After graduating UT Tyler, he worked as a medical scribe at CHRISTUS, which gave him hands-on experience in a clinical setting. It was through a friend that Tyler learned about Bethesda Pediatrics. Drawn to the opportunity to work in a more direct patient care environment, especially in an underserved community, Tyler was eager to get involved.



**Bethesda has been an incredible learning experience for me.**

"It's been the first time I've had exposure to a primary care setting, and I've gained a lot of valuable hands-on experience. The process of taking vitals, blood pressure, and interacting with patients has been a great learning opportunity. I really enjoy working here and contributing to the care of our patients."

**We are proud to have him as part of our team and look forward to seeing all that he will accomplish in the years to come. Thank you, Tyler!**



# You Are Invited!

Co-Chairs: Maddie Turman & Kylie Brooks



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Amy Greg's  
Family Journey with

**Bethesda**  
PEDIATRICS

## A Story of **GRATITUDE & CARE**

Amy Greg, a mother of seven from Lindale, Texas, knows a thing or two about juggling the needs of a large family. With children ranging from 7 to 20 years old, life can get hectic—but through it all, she's found a sense of peace and support in the care provided by Bethesda Pediatrics.

Amy and her husband, who are both patients at the adult clinic, moved to Lindale from Michigan in 2019, and like many families, they faced the challenge of establishing new healthcare relationships. As missionaries with Youth with a Mission, **Amy's family places a high value on both faith and well-being.** They strive to care for their children's health but often face the overwhelming reality of managing both medical and dental care on a limited budget.

Before coming to Bethesda, Amy's children had gone years without consistent dental care. They would visit NET Health for routine shots, but the idea of comprehensive, consistent healthcare seemed out of reach. Amy admits, "When it came to dental, I just felt lost. I wanted to make sure my kids were taken care of, but it was hard to know where to start."

That all changed when they discovered Bethesda. Amy and her family have found not only a place for dental care but also a healthcare home where they feel valued and supported.

***It's not just affordable care – it's excellent care***

Amy says. "We've been so blessed by Bethesda's Dentist Dr. Wilson's work on both me and my son, Eli. She took out one of my teeth and rebuilt one for Eli. The care is top-notch, and the attention they give us as a family is incredible."

One experience that particularly stood out to Amy was when her daughter came in for a dental check-up and was found to have several cavities. Although it was a lot to manage, Amy was grateful for the thoroughness and patience of the team.

"Dr. Wilson looked at the whole situation, and I really appreciated her kindness," Amy shares. "It wasn't just about getting the job done—it was about doing it right and treating us with care. It's a blessing for our family."



Bethesda has been more than just a place for Amy's family to receive care—it's become a place where they feel like more than just patients.

"They take care of the entire family, not just our teeth or health concerns," she said. "It's high-level care, but it's also about the people. I feel so much peace now, knowing I have a place to take my kids for both medical and dental care. It's been such a huge relief to have a provider we trust and who understands our needs."

The Greg family's journey with Bethesda is a reminder of the power of accessible, compassionate care. For Amy, it's not just about fixing teeth or addressing health issues—it's about being seen, heard, and cared for as a family. And for a mother who has dedicated her life to missions and serving others, that peace of mind is truly priceless.

"God is amazing, and He is faithful," Amy reflects.

*I can't thank Bethesda enough for the role they've played in our family's health and well-being.*

## Your Gift **DOUBLED!**

Join us for East Texas Giving Day, an 18-hour event that benefits all the amazing resources in our community.

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