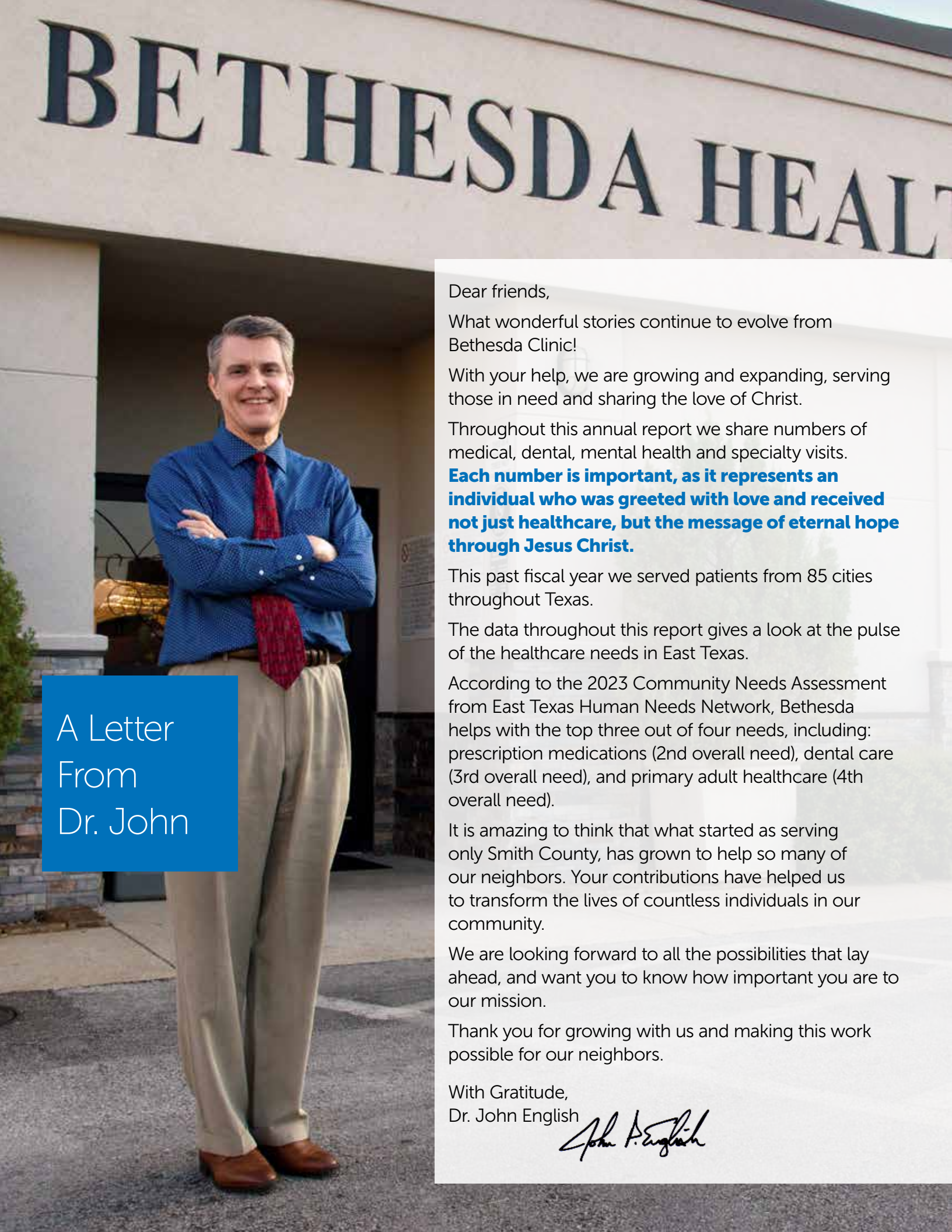


"Dear children,
let us not love
with words or
speech **but with**
actions and in
truth."

- 1 John 3:18

BETHESDA HEALTH



A Letter
From
Dr. John

Dear friends,

What wonderful stories continue to evolve from Bethesda Clinic!

With your help, we are growing and expanding, serving those in need and sharing the love of Christ.

Throughout this annual report we share numbers of medical, dental, mental health and specialty visits. **Each number is important, as it represents an individual who was greeted with love and received not just healthcare, but the message of eternal hope through Jesus Christ.**

This past fiscal year we served patients from 85 cities throughout Texas.

The data throughout this report gives a look at the pulse of the healthcare needs in East Texas.

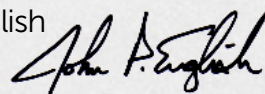
According to the 2023 Community Needs Assessment from East Texas Human Needs Network, Bethesda helps with the top three out of four needs, including: prescription medications (2nd overall need), dental care (3rd overall need), and primary adult healthcare (4th overall need).

It is amazing to think that what started as serving only Smith County, has grown to help so many of our neighbors. Your contributions have helped us to transform the lives of countless individuals in our community.

We are looking forward to all the possibilities that lay ahead, and want you to know how important you are to our mission.

Thank you for growing with us and making this work possible for our neighbors.

With Gratitude,
Dr. John English



How We Help

WHO WE ARE

We are a Christ-centered ministry that provides affordable, high-quality healthcare for the working uninsured and others we are able to serve.

OUR SERVICES



Medical Care

Primary Care
Specialty Care
Women's Health



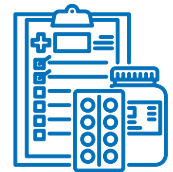
Dental Care

General
Dentistry
Dental hygiene
Extractions
Fillings
Root Canals
Partial Dentures



Mental Health

Counseling



Medication Assistance

Access to life-saving prescriptions like inhalers, insulin and psychiatric medicine.

WHAT WE BELIEVE

Our vision

is to serve and honor Christ by inspiring our neighbors to live an abundant life.

Our Kingdom Purpose

is to love those in need with excellent care to point them to Jesus.

WHO WE SERVE

We serve working, uninsured adults in East Texas, who earn up to 300% of the federal poverty level*

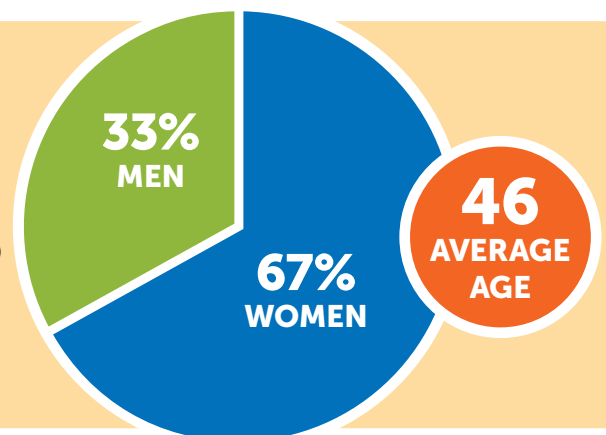


"Bethesda has saved my life, helped me obtain work, and made me a man again."

Terry Keen
Bethesda Patient

Patient Demographics:

(Who we serve as of June 2023)



Medical Statistics

9167

Medical Visits (Primary Care)

758

Women's Health Visits

1509

Specialty Visits

772

New Medical Patients

\$2,453,296.00

Medical Community Value

85
CITIES SERVED
FROM
30
COUNTIES
ACROSS TEXAS



"I am truly grateful for Bethesda's medical and dental teams. Because of their help, I can rely on me to feed, clothe and shelter myself without becoming another dependent on the government. I am proud that I'm able to do this. Thank you, Bethesda, for all you do."

Elvira M Bethesda Patient



Specialty Statistics

**DONATED
MEDICATION**

Bethesda is blessed with many speciality doctors who volunteer their time to care for our patients.

FY 2022 Speciality Services Offered:

Diabetes	ENT	Anesthesia
Orthopedics	Dermatology	Radiology/XRays
Hematology	Mental Health	Pulmonology
Gynecology	Wound Care	Ophthalmology
Chiropractic Care	Podiatry	Rheumatology
Neurology	Urology	Pain Management
Respiratory/CPAP	Auditory	Physical Therapy
Endocrinology	Gastroenterology	Nutrition
	Cardiology	

Local Medical Provider Partners:

US Dermatology Partners Tyler	ENT Associates of Tyler
Baylor Scott & White	Texas Arthritis
Texas Spine and Joint Hospital	Tyler Eye Associates
UT Health East Texas - UT Tyler School of Medicine	Four Seasons Women's Health
Heaton Eye Associates	CHRISTUS Trinity Mother Frances Gastroenterology
Pulmonary Specialist of Tyler	



\$7,289,822.00
Total donated medical supplies received

"I volunteer because I believe that healthy eating and access to knowledge can protect your body from disease. I want people to be able to understand what will help them in the long term, and not just fight symptoms.

Eating better can improve someone's quality of life for years to come... it's a very rewarding experience. If they want to live healthier lives I want to show them how to do it in a sustainable way.

Bethesda patients ask really good questions and want to learn more... Some of our patients are making huge changes and are able to see great results. These patients truly want to better themselves and it's so fun to work with them!"

Allie Redding
Registered Dietician and Bethesda Volunteer



Mental Health Statistics



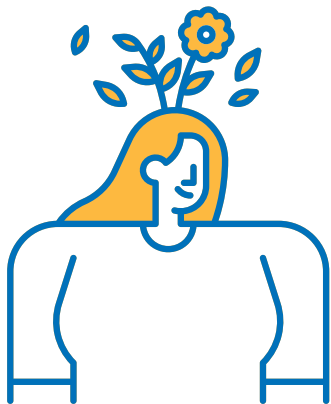
"At Bethesda, we adhere to the belief that there is a close relationship between mind, body and spirit, and that optimal healthcare involves treating all three. In other words, we want to treat the whole person, not just their physical ailments. Counseling offers the opportunity for our patients to meet with a licensed professional who is trained to help identify goals and assist them in working through problems to allow positive change in their lives.

Our counselors strive to provide a non-judgmental environment that is safe to process the hard things in their lives like anxiety or depression, grief and loss, chronic illness, life transitions, relationship struggles and trauma. We offer effective techniques to help find healing and move toward positive growth. It is our privilege to be able to help the patients of Bethesda with their counseling needs!"

Kim Camp, MA, LPC-S
Licensed Professional Counselor

Bethesda Clinic partners with UT Southwestern Medical Center to administer Vital Sign 6 to screen all patients for anxiety and depression.

Vital Sign 6 aims to provide medical providers with the means to efficiently and effectively diagnose and manage depression and improve care for patients.

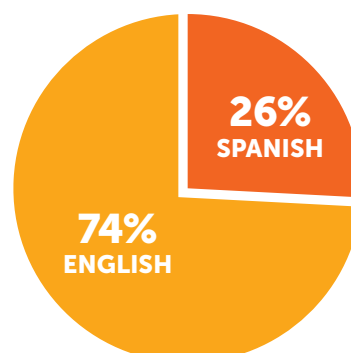
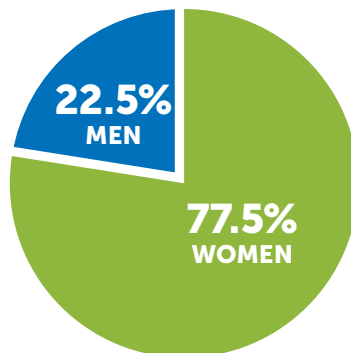


30%
Positive rate for depression in our patients that are screened.

883
Total Counseling Visits

1841
Total Screenings
(Those with a positive screening or already on medication are screened each subsequent visit in the year).

Patient Demographics:



Top 3 age ranges for positive screenings:

- 1. 45-54**
- 2. 55-64**
- 3. 35-44**



Bethesda Patient Spotlight: **Yolanda's Story**

Yolanda has been a Bethesda patient for almost 10 years and thanks God for the services she has received.

As a diabetic, she struggled to afford medication and understand her illness. Without health insurance, it was nearly impossible for her to get the support she needed. She was only able to afford to go to the doctor sporadically and felt lost and confused.

"Bethesda has really been a blessing for me," she said. "I appreciate them calling and reminding me of my appointments. I have had high blood pressure and they help me keep it in check and give me medication that is really affordable."

Yolanda works full-time as a scheduler at a local hospital.

She thanks God for Bethesda's program and for the donors who make it possible.

"The educational part of Bethesda helps me know how to make my lifestyle work with my health issues," she says

"Without Bethesda, I just don't know where I would be."

"The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly."

– John 10:10



Dental Statistics

In FY 2022, Bethesda Health Clinic provided several FREE dental clinic days for clients of other nonprofits in our community.

These special clinics are organized by Dr. David Nichols, founder of the Bethesda Dental Clinic.

Dr. Nichols works with donors and volunteer dentists to help care for those who aren't always able to afford dental care, even at a discounted rate.

Clients served include:

Wiseman Lighthouse
Ministries
Rahab's Retreat
Andrew's Center
Salvation Army





4,225

Total Dental Treatment Visits



2,020

Total Dental Hygiene Visits

Dental services provided:

- Dental Hygiene
- Extractions
- Root Canals
- Partial Dentures
- Fillings
- Crowns

Dental Community Value

\$1,439,934.00



“I went to another dental office where they quoted me \$6,000 to fix my teeth. I went to Bethesda and they did it for \$100. I wouldn’t have been able to pay my rent or my bills if it wasn’t for Bethesda. **They are good Christian people and they are there for us, the patients.**”

Johnnie Hardy,
Bethesda Dental Patient

Hangers Of Hope

CORE VALUES

Honor
Collaboration
Stewardship
Exceed Expectations

The Mission of Hangers of Hope is to fund the charitable work of Bethesda Health Clinic by selling quality, gently-used items given by generous donors.

The Vision of Hangers of Hope is to ensure Bethesda Health Clinic can continue to provide affordable healthcare to our friends and neighbors.

At Hangers of Hope, all donations are used for good. Items that may be slightly flawed and unable to be sold in our stores are recycled and sent to third-world countries.

Nothing goes to waste!




**EVERY
\$10
PURCHASE**
helps provide
ONE patient visit
at Bethesda!



**Watch the
journey of
your donation!**



 Watch this video



177,370

HOH sales transactions



43,820

HOH Donors



\$21.81

HOH average sale

Volunteer groups that serve at Hangers of Hope:

- Achieving Dreams
- ASMA - UT Tyler
- LINK
- South Spring Student Ministry
- Church On The Move
- TX College Athletics
- Breckenridge Village



Over 600

hours served in FY 2022!

Hangers of Hope Locations*:

Superstore & Donation Center
920 WSW Loop 323
Tyler, TX 75701

Highland Village
Store & Donation Center
3826 Troup Hwy, Suite J
Tyler, TX 75701

*Locations as of June 2023.

DID YOU KNOW?

Hangers of Hope produced

1,190,994

donated items in FY 2022!

Recycling Stats:

Buying a top secondhand instead of new and wearing it 10 times saves the equivalent of:



471.24

glasses of drinking water

184.57

hours of an LED lightbulb



0.87

miles of driving emissions



Volunteers

After a 14-year career as a physician's assistant at M.D. Anderson Cancer Center, David Beck wanted to give back of his time, and healthcare seemed the perfect fit.

He had heard of a place called Bethesda Health Clinic, and he felt drawn to see if there was a place for him here.

As he became acquainted with the clinic, David realized his past medical skills weren't enough to see the typical Bethesda patient

David was an expert in cancer, so treating primary care patients for a variety of other issues just didn't seem like a good fit.

But he wasn't ready to give up as a volunteer.

"I had a prior career as a CPA for twenty years," he said, "So I thought it might come in handy to help with the financial screening part."

David eagerly signed up to help with admissions, but he had no idea how much his own life would change in the process.

"God called me to come down here," David said, about how he felt drawn to the clinic. "I was a believer in God before, but I wasn't practicing...I pretty much did what I wanted to do."

At Bethesda, David met Don Wheeler, another admissions volunteer, who volunteers with his wife, Janice. Don and Janice have volunteered at Bethesda faithfully for over ten years.

Some may call it coincidence, but believing that all things work together for the will of God, Don asked David what his plans were that evening, after his first volunteer shift.

David had been interested in getting more involved at church, but hadn't found the right fit. Don suggested he join them at a small group at Grace Community Church.

"I went with Don to that community group, and after about two months in that group, I was baptized on Palm Sunday 2022," David said. "Don was a discipler to me."

David has grown in his faith and shared his testimony with many of Bethesda patients.

"I love this place because this is a place to practice discipleship," David said. "Everyone has their spiritual gifts, and I believe mine is prayer. One thing I do with our patients is pray with them... people don't get enough prayer. Our patients, most of them, have been told what to do their whole lives, and a lot of them leave in tears when we pray with them."

David is part of a tremendous ministry outreach at Bethesda by using his talents in the admissions team. It's not what he originally had in mind, but it has changed his life.

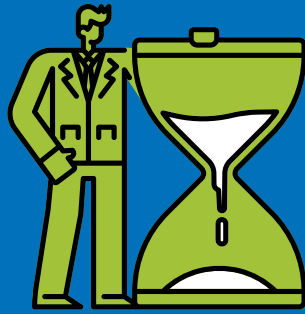
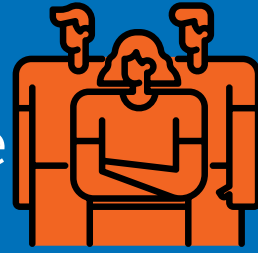
David continues to faithfully volunteer and his wife has started to come and share her own skills as a volunteer.

"I was drawn here by the will of God and I plan to stay here."

Volunteer Spotlight: David Beck

480

active volunteers at the
end of June 30, 2023

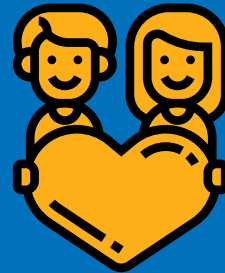


14,773.33

Total Volunteer hours
between July 1, 2022 -
June 30, 2023

\$627,720.45

Value of those hours saved
in volunteer hours



179 New Volunteers



Bethesda Patient Spotlight: **Bobby's Story**

Bobby Lamonte has experienced many health struggles throughout his life.

He had heart surgery at the young age of 32. During that surgery he experienced complications, which led to needing a pacemaker and being on blood thinners for the rest of his life.

"Being able to afford to go to the doctor more than once a year has been life-changing," he said.

Bobby has to get the thickness of his blood checked once a month, so he is very familiar with the clinic staff.

"I love being prayed for at the clinic," he says. "All of my personal needs and cares have been taken care of, no matter what they are."

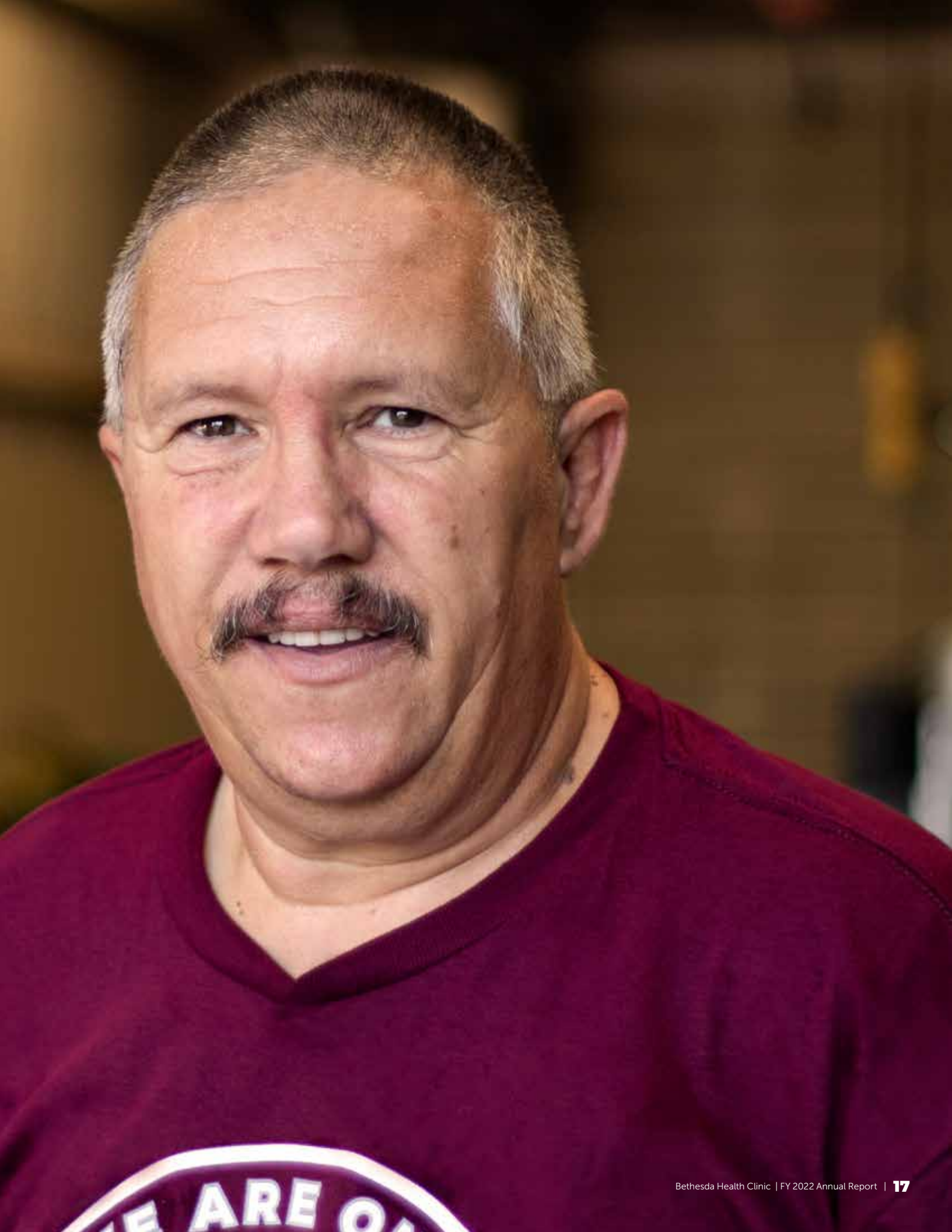
Bobby works in maintenance at Troup I.S.D., where he oversees the district's custodians as well as helps with transportation. Bobby is a volunteer firefighter and a deacon in his local church.

"Being able to work in my community means my health is very important," Bobby shared.

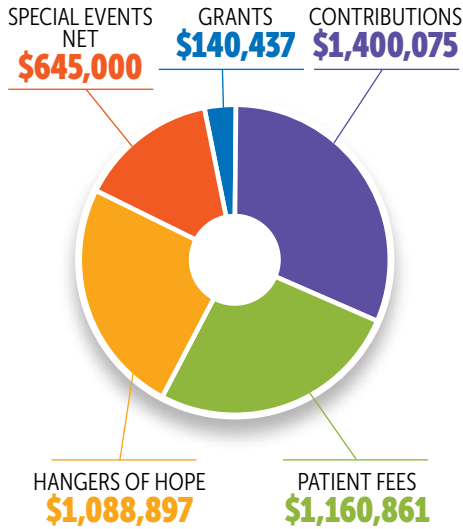
Since coming to Bethesda, Bobby has lost 30 pounds and has been able to get off some of the medications he's been on for over 10 years.

But the one thing that Bobby loves the most about Bethesda is being able to be part of the Christian atmosphere and to feel the love of Christ.

"Sometimes Bethesda is the only Jesus people will ever see," he said.



Financials



Revenue over Expenditures As of June 30, 2023

Revenue over Expenditures	Year To Date 6/30/23		
	Actual	Approved Budget	Budget Diff
Revenues			
Total Contributions	1,284,837	827,676	457,161
Total Special Events	792,230	582,000	210,230
Total Grants	250,875	250,000	875
Total Program	1,150,266	1,194,492	(44,227)
Total Thrift Operations	4,075,610	3,769,306	306,304
Total Other Income	120,960	93,234	27,726
Total Revenues	7,674,778	6,716,708	958,070
Expenditures			
Total Program	734,276	748,055	(13,779)
Total Fundraising	231,763	113,000	118,763
Total Administration	760,504	611,332	149,172
Total Personnel	4,440,251	4,617,154	(176,903)
Total Occupancy	481,369	453,000	28,369
Total Expenditures	6,648,163	6,542,541	105,622
Total Revenue over Expenditures	1,026,615	174,167	852,448
Total Net Donated Revenue & Depreciation/Donated Expense	100,882		
Total Net Revenue over Expenditures	1,127,497		

Footnote:

Medical Community Value	2,453,296
Dental Community Value	1,439,934

Capital Expenditures:

Equipment	\$30,343
Building Improvements	\$30,539
Expansion	\$19,025
Fixed Assets Improvements	\$10,888

Payments to Debt

Repayments on commercial loan	\$109,961
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Cash Moved to ETCF:

Monies moved to Capital Expansion Fund	498,000.00
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Your generosity is valued and we believe in the highest levels of transparency. We work hard to maintain accountability on national and local levels.



"... and they brought him all the sick, those afflicted with various diseases and pains, those oppressed by demons, those having seizures, and paralytics, and he healed them."

- Matthew 4:24

Board Of Directors

FY 2022 Board Officers

Shannon Dacus
President

Lee Gibson
Vice-President

Michelle Carr
Secretary/Development Chair

Josh Roberts
Treasurer/Finance Chair

FY 2022 Board of Directors

Jennifer Bailey
Wade Barker, DDS

Bob Bondurant
Shane Butler
Randall Childress

Debby Davis
Aaron Fleet
David Krafve
Katy Kummerfeld
Kay Latta

Laurie Lehnhof-Watts

Rachel Means

Amber Owen

Sandra Owens

Elizabeth Simmons

Steve Smith

Carrie Tutt, MD

Shelly Welch

Becky Western

Todd Raabe, MD – *Board Emeritus*



To learn more about
Bethesda Health Clinic,
contact us at:

409 W. Ferguson
Tyler, TX 75702
903.596.8353

www.bethesdaclinic.org

In FY 2022, Bethesda Health Clinic and Hangers of Hope received certification from the Best Christian Workplace Institute (BCWI).

BCWI believes that Christian workplaces should set the standard as the best, most effective places to work in the world. Achieving this high standard involves proactive planning and hard work to attain a healthy workplace culture. Colleagues and employees desire authenticity, accountability, collaboration, and innovation

from each other and their leaders. BCWI recognized Bethesda Health Clinic and Hangers of Hope for demonstrating Christ-centered servant leadership and our commitment to be a flourishing organization, knowing we are Christ's hands, feet, and witness to our employees and those we serve.